



QUABBIN REGIONAL SCHOOL DISTRICT

Dr. Sheila A. Muir, *Superintendent of Schools*

872 South Street
Barre MA 01005
Phone: 978-355-4668
Fax: 978-355-6756
Web: www.qrsd.org

PRESCHOOL HEALTH RECORD CHECKLIST

Welcome to Preschool! School entry requirements for Preschool are established by the Massachusetts Department of Health (MSPH) for physical examination, immunization and lead poisoning screening. Below is a list of records that are needed for entry. Please mail or deliver these documents to the Ruggles Lane School, 105 Ruggles Lane, Barre, MA 01005.

If you have an upcoming appointment with your health care provider please send me a note or call to inform me of the date of that appointment. Children who are not in compliance must be excluded from school until we receive proper documentation. Please call the District Nurse Leader, Kim Staiti at (978)355-4651, ext. 8022 for contact her via email at: kstaiti@qrsd.org if you have any questions at (978)355-2934.

- 1. Please provide the school with a copy of a recent physical exam.**
Requirement: Physical Examination by primary care provider (physician, nurse practitioner or physician assistant) within one year prior to entrance to school or within 30 days after school entry. Health records transferred from another school may be used to determine compliance with this requirement.
- 2. Please provide the school with physician documentation of required school entry immunizations.**
Requirement: No student may attend school...without a certificate of immunization or a copy of a school immunization record that the student has received at least the following immunizations:
 - 4 doses DTP/DTaP/DT/Td
 - 3 doses of Polio vaccine
 - 3 doses of Hepatitis B vaccine
 - 1 dose of MMR (1 dose of measles, 1 dose mumps, 1 dose rubella)
 - 1 dose of Varicella vaccine (or physician documented proof of disease)
- 3. Please provide the school with laboratory evidence of lead poisoning screening.** The MDPH requires at all children be screened for lead paint poisoning prior to entering preschool.

Thank you in advance for your prompt attention to this matter.

BARRE · HARDWICK · HUBBARDSTON · NEW BRAINTREE · OAKHAM